

Schedule



Schedule-at-a-Glance

This at-a-glance schedule gives you the rhythm of **ProCon 2025**—what’s happening, when, and how it all connects.

Visit the [About](#) page and these other pages for session details:

- [Movement Moments](#)
- [Peer Communities](#)
- [Intensives](#)
- [Labs](#)
- [Connect, Move, Recharge Breaks](#)

Click the schedule to enlarge the image, or [view and download a PDF version](#).

PROCON 2025 SCHEDULE-AT-A-GLANCE



MONDAY, OCT. 27	TUESDAY, OCT. 28	WEDNESDAY, OCT. 29
REGISTRATION OPEN 11AM–5 PM	REGISTRATION OPEN 8 AM–5 PM	REGISTRATION OPEN 8–11:30AM
<p>PRE-CONFERENCE OPTIONS 8–11:30 AM</p> <p>Tzedek in Action: Jewish Service Learning with Repair the World, sorting and packing food at Second Harvest Heartland. <i>(space is limited – register early!)</i></p> <p>Visit the Capp Center Campus of the Minnesota JCC in St. Paul. <i>(space is limited – advance registration is required)</i></p> <p>REGISTRATION OPENS 11 AM</p>	<p>CONNECT, MOVE, RECHARGE 6:30–8:30 AM</p> <p>BREAKFAST ON YOUR OWN 6:30–8:45 AM</p> <p>INTENSIVES 8–10:15 AM</p> <p>LABS I 9–10:15 AM</p> <p>BREAK 10:15–10:45 AM</p> <p>LABS II 10:45 AM–12 PM</p> <p>BREAK 12–12:15 PM</p> <p>INTENSIVES (continued) 10:45 AM–12:30 PM</p> <p>PROCON LUNCH BREATHE OUT AND CONNECT A COMMUNAL MEAL 12:15–1:45 PM</p> <p>PEER COMMUNITIES II 2–3:30 PM</p> <p>BREAK 3:30–4 PM</p> <p>MINCHA 3:40–4 PM <i>(optional)</i></p> <p>CONNECT, MOVE, RECHARGE 4–5:30 PM</p> <p>FREE EVENING DINNER ON YOUR OWN 6–9 PM</p>	<p>CONNECT, MOVE, RECHARGE 6:30–8 AM</p> <p>BREAKFAST ON YOUR OWN 6:30–8:30 AM</p> <p>LABS III 8:15–9:30 AM</p> <p>BREAK 9:30–9:50 AM</p> <p>PEER COMMUNITIES III 9:50–11:20 AM</p> <p>LUNCH PICK-UP 11:20–11:30 AM</p> <p>PROCON CLOSING EXPERIENCE A MOMENT FOR THIS MOVEMENT 11:30 AM–1 PM</p> <p>PROCON CONCLUDES 1 PM</p>
<p>PROCON OPENING EXPERIENCE CELEBRATING OUR CONNECTION 1–2:30 PM</p> <p>BREAK 2:30–3 PM</p> <p>PEER COMMUNITIES I 3–4:30 PM</p> <p>BREAK 4:30–6 PM</p> <p>MINCHA 4:45–5:05 PM <i>(optional)</i></p> <p>PROCON BLOCK PARTY AN EVENING OF FUN, FOOD, AND CELEBRATION 6–9 PM</p>		

Schedule subject to change

COLOR KEY

	PRE-CONFERENCE OPTIONS
	REGISTRATION
	CONFERENCE OPENING AND CLOSING
	PEER COMMUNITY SESSIONS
	INTENSIVES
	LABS
	CONNECT, MOVE, RECHARGE
	CONFERENCE-WIDE MEALS (PROVIDED)
	MEALS ON YOUR OWN
	BREAKS (WITH SNACKS PROVIDED)
	MINCHA SERVICE

A Few Other Details

Planning a continental-wide conference is a dynamic, collaborative process—with many voices, needs, and moving parts. We're grateful to have an incredibly engaged team from across the movement that's helping build a meaningful experience, and we're all committed to excellence.

There may be some changes as we go, and we'll do our best to keep them minimal—and to keep you in the loop.

Here's what you can count on:

- ProCon 2025 will kick off on **Monday at 1 p.m.** and wrap up on **Wednesday at 1 p.m.**
- The Merrin Teen Professional Fellowship cohort will meet in person before ProCon 2025.

How It Works

Tuesday: Choose one **Intensive** or two back-to-back **Labs**.

Wednesday: Everyone attends one **Lab**.

You pick the pace. Deep and immersive or fast and wide-ranging, the choice is yours

Full Schedule

Find out more about each session:

- **Movement Moments**
- **Peer Communities**
- **Intensives**
- **Labs**
- **Connect, Move, Recharge Breaks**

QUESTIONS?

Check out the [FAQ](#). Still have questions?
Email procon@jcca.org and we'll get back to you soon.

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