Schedule



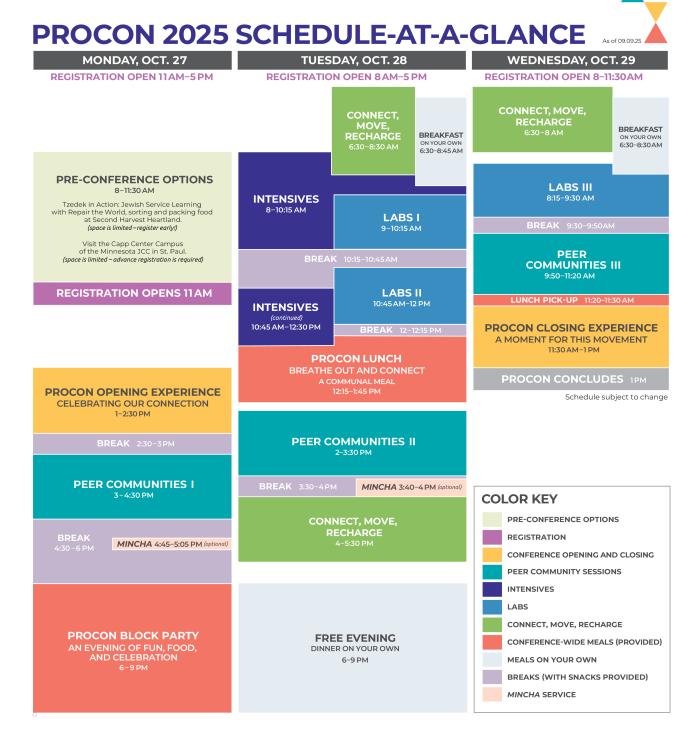
Schedule-at-a-Glance

This at-a-glance schedule gives you the rhythm of **ProCon 2025—what's happening, when, and how it all connects.**

Visit the About page and these other pages for session details:

- Movement Moments
- Peer Communities
- Intensives
- Labs
- Connect, Move, Recharge Breaks

Click the schedule to enlarge the image, or view and download a PDF version.



A Few Other Details

Planning a continental-wide conference is a dynamic, collaborative process—with many voices, needs, and moving parts. We're grateful to have an incredibly engaged team from across the movement that's helping build a meaningful experience, and we're all committed to excellence.

There may be some changes as we go, and we'll do our best to keep them minimal—and to keep you in the loop.

Here's what you can count on:

- ProCon 2025 will kick off on Monday at 1 p.m. and wrap up on Wednesday at 1 p.m.
- The Merrin Teen Professional Fellowship cohort will meet in person before ProCon 2025.

How It Works

Tuesday: Choose one Intensive or two back-to-back Labs.

Wednesday: Everyone attends one Lab.

You pick the pace. Deep and immersive or fast and wide-ranging, the choice is yours

Full Schedule

Find out more about each session:

- Movement Moments
- Peer Communities
- Intensives
- Labs
- Connect, Move, Recharge Breaks

QUESTIONS?

Check out the FAQ. Still have questions? Email procon@jcca.org and we'll get back to you soon.

ABOUT | PROGRAM
PRESENTERS | PROMOTE PROCON
FAQ | HOST COMMUNITY
SPONSORS | REGISTER
CONTACT US

Last Modified on 09/09/2025 4:52 pm EDT